

100 COMMANDMENTS IN THE QURAN



Below is a list of 100 direct instructions (commands) from the Quran, each cited by its Surah and verse number. These instructions expressed in imperative form or as clear commands cover various aspects of individual and social life.

1. Worship Allah alone (Qur'an 2:21)
2. Do not associate any partners with Allah (2:22)
3. Establish regular prayer (Salah) (2:43)
4. Give Zakat (charitable alms) (2:43)
5. Fast during the month of Ramadan(2:183)
6. Perform Hajj (pilgrimage) if you are able (3:97)
7. Obey Allah and His Messenger (4:59)
8. Believe in the revealed Books and the Prophets (2:285)
9. Enjoin what is right and forbid what is wrong(3:104)
10. Repent and seek Allah's forgiveness (2:222)
11. Lower your gaze (for both men and women) (24:30)
12. Guard your modesty and chastity (24:30-31)
13. Honor your parents and treat them with kindness
(17:23)
14. Fulfill your contracts and promises(5:1)
15. Be just and fair in your dealings(5:8)
16. Do not consume the property of orphans unjustly(4:10)
17. Give orphans their due rights(4:2)
18. Keep your word in business transactions(2:282)

19. Avoid bribery and corruption (2:188)
20. Do not let wealth distract you from Allah's remembrance
(58:11)
21. Fulfill the rights of neighbors (24:27)
22. Avoid spying and backbiting (49:12)
23. Speak the truth in all circumstances (33:70)
24. Avoid false witness and deceit (25:72)
25. Practice patience in adversity(2:153)
26. Control your anger (3:134)
27. Forgive others and pardon their faults(24:22)
28. Be humble and do not be arrogant (17:37)
29. Maintain cleanliness and purity (both physically and
spiritually) (2:222)
30. Seek knowledge and understanding (96:1)
31. Read and reflect upon the Quran (96:1-5)
32. Perform your prescribed religious duties with sincerity
(2:177)
33. Do not let pride lead you to injustice (49:12)
34. Give charity beyond the obligatory alms (2:261)

35. Be moderate in spending and avoid extravagance (6:141)
36. Avoid usury (interest) (2:275)
37. Be truthful in your financial dealings (2:282)
38. Obey the commands regarding inheritance (4:11)
39. Respect and observe the rights of women (4:19)
40. Treat your spouse with kindness and compassion (4:19)
41. Keep the sanctity of marriage and avoid adultery (17:32)
42. Do not slander or defame others (49:12)
43. Avoid arrogance in your behavior (31:18)
44. Be patient with those who differ from you (3:159)
45. Support those in need and relieve hardship (2:177)
46. Establish justice even against yourself (4:135)
47. Seek Allah's help in all your affairs (2:45)
48. Call others to the remembrance of Allah (3:104)
49. Guard the revelations entrusted to you (73:15)
50. Obey the dictates of the Qur'an (39:23)
51. Make sincere du'ā (supplication) to Allah (40:60)
52. Show mercy to those who are weak (4:36)

- 53. Be mindful of the Day of Judgment (75:36)
- 54. Avoid envy and jealousy (4:32)
- 55. Refrain from wasting time in idle talk (31:18)
- 56. Preserve the rights of all creatures (6:141)
- 57. Do not oppress others, whether in word or deed (2:190)
- 58. Respect the Quran as the ultimate source of guidance (2:185)
- 59. Follow the example of the Prophet Muhammad (33:21)
- 60. Give due respect to those in authority among you (4:59)
- 61. Keep secrets and avoid betrayal (49:6)
- 62. Do not delay justice; act promptly in righting wrongs (5:8)
- 63. Seek reconciliation in conflicts (49:9)
- 64. Be mindful of your duties toward Allah (51:56)
- 65. Avoid hypocrisy in your beliefs and actions (63:9)
- 66. Act with integrity in all your commitments (2:282)
- 67. Do not consume interest-bearing wealth (2:275)
- 68. Respect the sanctity of the mosque (9:108)
- 69. Keep your prayer spaces clean and pure (2:125)

- 70. Be punctual in your prayers (4:103)
- 71. Observe the prescribed times for prayer (17:78)
- 72. Invite others to Allah with wisdom and good instruction (16:125)
- 73. Do not raise your voice above that of the Prophet (49:2)
- 74. Avoid committing sins that lead to loss of divine favor (2:177)
- 75. Trust in Allah's plan even in hardship (2:286)
- 76. Do not mix up lies with truth (2:42)
- 77. Respect the differences among people and cultures (49:13)
- 78. Strive for excellence in all your endeavors (29:69)
- 79. Fulfill your oaths and covenants (5:89)
- 80. Keep promises, especially those made to Allah (2:177)
- 81. Observe modesty in dress and behavior (24:30-31)
- 82. Avoid all forms of intoxication and gambling (5:90)
- 83. Be charitable in both wealth and time (2:261)
- 84. Help to alleviate the burdens of the poor and needy (2:177)

85. Keep family ties and honor relatives (4:36)
86. Guard the rights of orphans (4:6)
87. Treat women with honor and justice (4:19)
88. Do not oppress the weak or vulnerable (4:75)
89. Practice humility and gratitude in worship (14:7)
90. Adhere to the limits set by Allah in all matters (7:31)
91. Remember Allah often through dhikr (13:28)
92. Encourage righteousness in your community (3:104)
93. Refrain from all forms of backbiting and slander (49:12)
94. Avoid transgression in speech and actions (7:31)
95. Seek wisdom and understanding through reflection (38:29)
96. Fulfill your responsibilities toward your family (2:233)
97. Avoid greed and covetousness (16:97)
98. Be patient with those who differ from you (3:159)
99. Guard your heart against sinful inclinations (23:97)
100. Strive always for the pleasure of Allah in every action. (3:200)

Each item above is drawn directly from the commands and imperatives found in various verses of the Quran. The list includes fundamental acts of worship, ethical behaviors, social responsibilities, and personal conduct guidelines that Allah commands for a righteous life.

These 100 instructions are intended as a broad guide to the direct commands from Allah as expressed in the Quran.

Author: BeingMuslimah

www.beingmuslimah.org

beingmuslimah9@gmail.com